

Holy are you, and blessed is your Son Jesus Christ.

When you gave him to save us from our sin, your Spirit led him into the wilderness, where he fasted forty days and forty nights to prepare for his ministry.

When he suffered and died on a cross for our sin, you raised him to life, presented him alive to the apostles during forty days, and exalted him at your right hand. By the baptism of his suffering, death, and resurrection you gave birth to your Church, delivered us from slavery to sin and death, and made with us a new covenant by water and the Spirit. Now, when we your people prepare for the yearly feast of Easter, you lead us to repentance for sin and the cleansing of our hearts, that during these forty days of Lent we may be gifted and graced to reaffirm the covenant you made with us through Christ.

On the night in which he gave himself up for us, he took bread, gave thanks to you, broke the bread, gave it to his disciples, and said: "Take, eat; this is my body which is given for you. Do this in remembrance of me."

When the supper was over, he took the cup, gave thanks to you, gave it to his disciples, and said: "Drink from this, all of you; this is my blood of the new covenant, poured out for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me."

And so, in remembrance of these your mighty acts in Jesus Christ, we offer ourselves in praise and thanksgiving, as a holy and living sacrifice, in union with Christ's offering for us, as we proclaim the mystery of faith.

Christ has died; Christ is risen; Christ will come again.

Pour out your Holy Spirit on us gathered here, and on these gifts of bread and wine. Make them be for us the body and blood of Christ, that we may be for the world the body of Christ, redeemed by his blood. By your Spirit make us one with Christ, one with each other, and one in ministry to all the world, until Christ comes in final victory, and we feast at his heavenly banquet. Through your Son Jesus Christ, with the Holy Spirit in your holy Church, all honor and glory is yours, almighty Father, now and forever. **Amen.**

March 5, 2023

Psalm 121

I lift up my eyes to the hills.

From whence does my help come?

**² My help comes from the LORD,
who made heaven and earth.**

³ The Lord will not let your foot be moved,
the Lord who keeps you will not slumber.

**⁴ Behold, the One who keeps Israel
will neither slumber nor sleep.**

⁵ The LORD is your keeper;
**the LORD is your shade
on your right hand.**

⁶ The sun shall not smite you by day,
nor the moon by night.

⁷ The LORD will keep you from all evil,
he will keep your life.

**⁸ The LORD will keep your
going out and your coming
in from this time forth and for evermore.**

Genesis 12: 1-4a

Now the LORD had said to Abram: "Get out of your country, From your family and from your father's house, to a land that I will show you. ² I will make you a great nation; I will bless you And make your name great; and you shall be a blessing. ³ I will bless those who bless you, and I will curse him who curses you; and in you all the families of the earth shall be blessed." ⁴ So Abram departed as the LORD had spoken to him, and Lot went with him.

St John 3: 1-17

There was a man of the Pharisees named Nicodemus, a ruler of the Jews. ² This man came to Jesus by night and said to Him, “Rabbi, we know that You are a teacher come from God; for no one can do these signs that You do unless God is with him.” ³ Jesus answered and said to him, “Most assuredly, I say to you, unless one is born again, he cannot see the kingdom of God.” ⁴ Nicodemus said to Him, “How can a man be born when he is old? Can he enter a second time into his mother’s womb and be born?” ⁵ Jesus answered, “Most assuredly, I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God. ⁶ That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. ⁷ Do not marvel that I said to you, ‘You must be born again.’ ⁸ The wind blows where it wishes, and you hear the sound of it, but cannot tell where it comes from and where it goes. So, is everyone who is born of the Spirit.” ⁹ Nicodemus answered and said to Him, “How can these things be?” ¹⁰ Jesus answered and said to him, “Are you the teacher of Israel, and do not know these things? ¹¹ Most assuredly, I say to you, we speak what we know and testify what we have seen, and you do not receive our witness. ¹² If I have told you earthly things and you do not believe, how will you believe if I tell you heavenly things? ¹³ No one has ascended to heaven but He who came down from heaven, that is, the Son of Man who is in heaven. ¹⁴ And as Moses lifted up the serpent in the wilderness, even so must the Son of Man be lifted up, ¹⁵ that whoever believes in Him should not perish but have eternal life. ¹⁶ For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. ¹⁷ For God did not send His Son into the world to condemn the world, but that the world through Him might be saved.

THE GREAT THANKSGIVING FOR EARLY IN LENT

Christ our Lord invites to his table all who love him, who earnestly repent of their sin and seek to live in peace with one another. Therefore, let us confess our sin before God and one another.

Merciful God, we confess that we have not loved you with our whole heart. We have failed to be an obedient church. We have not done your will, we have broken your law, we have rebelled against your love, we have not loved our neighbors, and we have not heard

the cry of the needy. Forgive us, we pray. Free us for joyful obedience, through Jesus Christ our Lord. Amen.

Hear the good news:

Christ died for us while we were yet sinners; that proves God's love toward us.

In the name of Jesus Christ, you are forgiven!

In the name of Jesus Christ, you are forgiven! Glory to God. Amen.

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty (almighty God), creator of heaven and earth. You brought all things into being and called them good. From the dust of the earth you formed us into your image and breathed into us the breath of life. When we turned away, and our love failed, your love remained steadfast. When rain fell upon the earth for forty days and forty nights, you bore up the ark on the waters, saved Noah and his family, and made covenant with every living creature on earth. When you led your people to Mount Sinai for forty days and forty nights, you gave us your commandments and made us your covenant people. When your people forsook your covenant, your prophet Elijah fasted for forty days and forty nights; and on your holy mountain, he heard your still small voice.

And so, with your people on earth and all the company of heaven,
we praise your name and join their unending hymn:

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.**